

Transcript for Citizens Climate Radio Ep 81 Women in Wild Places

SPEAKERS

Tamara Staton, Lila Powell, Peterson Toscano, Ruth Abraham, Lilace Mellin Guignard, Hila Ratzabi

Peterson Toscano 00:00

Welcome to Citizens Climate Radio, your climate change podcast.

Lila Powell 00:04

In this show, we highlight people's stories, we celebrate your successes,

Peterson Toscano 00:08

and together we share strategies for talking about climate change. I'm Peterson Toscano

Lila Powell 00:12

and I'm Lila Powell. This is Episode 81 of Citizen's Climate Radio, a project of Citizens Climate Education. This episode is airing on Friday, February 24, 2023

Peterson Toscano 00:12

I'm so happy to welcome Lila Powell as this month's co-host.

Lila Powell 00:28

Hi everyone! As you heard, my name is Lila, and I'm excited to be co-hosting today. Here's what Peterson and I have for you today.

Peterson Toscano 00:38

Yeah, so I went for a walk in the woods to interview writer Lilace Melin Guinard. As a young woman, Lilace spent a lot of time alone in remote wilderness. She wrote about her experiences and her memoir *When Everything Beyond the Walls Is Wild: Being a Woman Outdoors in America*.

Lila Powell 00:58

Yeah, Lilace highlights the challenges women face when seeking to spend time outdoors. These wild spaces have prepared her for climate change. Also, a group of women will join me to share our own experiences of being in nature.

Peterson Toscano 01:10

Poet Hila Ratzabi unpacks a poem from her collection, *There are Still Woods*, what she shared with me completely altered my relationship with nature.

Hila Ratzabi 01:20

Even if you have sort of nature nearby, you know, places you can go to. We allow it to be in the background and we think that our lives are the foreground. And what we see on TV and on social media and in the news, it's like that's life and that's not life. There's like an entirely invisible other world that we never think to connect with because we think it's static, and yet it can heal us. You know, it's right there.

Lila Powell 01:47

Tamara Staton, our resident resilience expert, wraps up her series on the Five Key Steps to Resilience. Tamara provides an excellent analogy about the power and the potential pitfalls of repeating a regular practice.

Lila Powell 02:11

But first, Peterson, I heard you've been walking in the woods with poets?!

Peterson Toscano 02:14

Well, one poet, actually, Lilace Mellin Guignard. We didn't talk poetry though. Lilace published a memoir about the many ways she was alone in the wilderness. It's called *When Everything Beyond the Walls Is Wild: Being a Woman Outdoors in America*. For about two hours this past October, Lilace and I walked the Tauschers Trail in Hill Creek State Park in Northern Pennsylvania. It was one of those like perfect autumn days. I started the conversation by asking her to describe herself, and it just went from there.

Peterson Toscano 02:14

I'm Lilace Mellin Guignard. I am a poet and nonfiction writer. I've been a teacher. I've done all sorts of outdoor things. But I like to say that I like to get wild in the arts and in outdoor recreation. And every once in a while shake things up and adult Sunday school.

Peterson Toscano 03:20

Lilace throughout your lifetime, you have spent a lot of time in wilderness. Not just like the woods, but like wilderness, like literal wilderness, and wild spaces and natural spaces. What percentage of that time that you've been in wild spaces in nature has been alone?

Lilace Mellin Guignard 03:41

And by alone, I would say me my dog, because in my 20s That's how I traveled and lived in my truck and did things. I mean, if I was whitewater paddling, I was always with somebody. But if I was backpacking or hiking, it was always me and my dog. Or just running out to camp, in the car, to car camp.

Lilace Mellin Guignard 04:03

If, you know, if I was dating somebody who was ghosting me, which is not what we said then. But you know, didn't call and of course you didn't have cell phones. And you know, you had those terrible answering machines and so you couldn't leave home if you want it to get- and then, then, then, I'd be pissed that I waited at home, you know, for a call that never came and I'd be like, pack the dog up and throw the sleeping bag in the back of my truck.

Lilace Mellin Guignard 04:26

And just I mean, I was lucky to be where there was lots of national forest and stuff and just drive and drive and drive until I pulled off on the side of the road and camped out and went, huh! Now you can't

find me! You know and and I'm where I can't think about the phone. I've always just look to wild places and spaces as solace and a way to reconnect with myself.

Peterson Toscano 04:53

Back in the day when you would let people know you were going away on a little trip, a camping trip or something, by yourself- what sort of responses and reactions did you get from people?

Lillace Mellin Guignard 05:03

Afterwards, people would say things like, Oh, you're so brave, or, Oh, you're so stupid. What the heck are you doing with that? That's crazy. And I was so confused by these various responses. And like, well, Which am I? And you know, because I was raised as most women, I think, to look for, outer acknowledgment of what I was doing, instead of learning how to assess risk for myself, you know, and, and how does one do that?

Lillace Mellin Guignard 05:39

And so it took a lot to figure out that all those reactions and the ones that were like, Yeah, so what? Like, then those would really confuse me. I'm like, But what, wait, isn't this a big deal one way or another? And they're like, now, you know, and I was like, What is this mean that there are so many responses that happened multiple times, to these actions? And that's probably what sent me on some of the questions that I was pursuing that ended up in the book.

Peterson Toscano 06:10

Yeah. What is the name of your book? And give us a little synopsis of like, yeah, what is the book about?

Lillace Mellin Guignard 06:17

Okay, so it's called, When Everything Beyond the Walls Is Wild: Being a Woman Outdoors in America. Walls and wild, have lots of different meanings and connotations. They're either restraining, or they're wonderful. Like they keep you protected. It depends. What's one of those things? Again, it's about your perspective, how you read that. Is wild spaces, is that wonderful? Or is that scary? You know, so and I mean, there's lots of other perceptions, nuances for that.

Lillace Mellin Guignard 06:49

And so that's what I was playing with. Because for me, I've experienced both kind of ends of the spectrum simultaneously, when I'm out. Man, if I'd known grandma Gatewood, at like age 60-something, just put on her keds, and picked up a shower curtain and put it in this handsewn denim bag, and walked the AT. I would have been like, not freaked out about going on my first backpacking trip, you know, or soloing something in my 20s. Because she was like, I can walk. I've been beaten and, you know, and domestic violence and had 11 kids and all this stuff. Just like this is nothing.

Lillace Mellin Guignard 06:49

But you know, I was this privileged suburban kid. And I was like, Oh no! Everybody tells me I shouldn't be out after dark, and now I want to go backpacking by myself! Ahh! You know, in the 80s, we were very aware you were asking for it, right. And the it is the same as in doing it. So I didn't want to be that person. But I also didn't want to just get in a relationship with a guy, because he was outdoorsy, and that would give me access to the spaces and activities I want to do, quote-unquote, safely.

Lillace Mellin Guignard 07:56

Although that's if you don't really know the guy, right? That can be you actually walking into a less safe space. It's- so I was unpacking all this stuff, the messages that say women are less safe in public spaces, especially outdoors. That's bullshit. I don't know, I probably can't see that. That's just bunk. Because most of the violent crime against women happens in the home happens with people, you know, are familiar with, and in familiar spaces. So that's, you know, so then you'd like, well, what are these messages from society where they come from? Are they really trying to keep us safe? Are they trying to keep us in a place indoors, control, domesticated. And I was like, Ah, okay, done with that!

Lillace Mellin Guignard 08:39

You know it, but it took a lot of unpacking. And that's what the book allowed me to do, through telling the stories of doing things that were really fun. I'm not the best at anything. I didn't do something nobody had ever done before. I've never been in Outside Magazine, you know? And I thought, oh, that's the point. That's why I should write about my stuff, because we don't get those stories.

Peterson Toscano 08:59

So thinking back to when you started in your 20s to today. What's changed and what remains the same?

Lillace Mellin Guignard 09:11

Well, I'll tell you, there are a lot more women, a lot more mothers with kids, a lot more people who are older on the trails on the rivers, on the bike trails. We see so many like women getting together with their 80-year-old dad to bike, the rail trail for Father's Day, for instance. And they flown in, you know, they've got families and everything. And these daughters have flown in from all corners and met their father and then they all drove an hour or two to get to this rail trail here in Pennsylvania. So they could do that. And he's been working on it. And that is amazing to me.

Lillace Mellin Guignard 09:49

That just really- and to see a mother out there with kids, their daughters, who know more than the young men in the van because I was running shuttles for Pine Creek Outfitters for a while. And, you know, you get to talk to them and you're like, oh. And that's the group that lasted the whole rainy Memorial Day weekend when all the other groups bailed. You know, and I'm just like, it's not because it were tougher. They knew more, planned, prepared, didn't have ridiculous expectations, and, you know, had the right gear.

Lillace Mellin Guignard 10:23

So it was- And it was so funny, because on their posts later, they said, I won't say this was enjoyable or fun. But we did it. We learned from it, we know we can do it. So now, you know, the prep that we were doing for this other trip. Now, psychologically, and everything else, we're ready. And that's, that's brilliant. I mean, that's when I was wandering around the woods, or, you know, driving cross country- that's what I wanted to find people like that, to talk to because I had been totally indoctrinated that you can't go up to the guys and just say hi, or anything, because everything's an invitation, right? It's the 80s, it was a Anita Hill, it was like, you don't do that. I'm like, okay, me and my dog, we're just gonna be here by ourselves here.

Peterson Toscano 11:10

You've also had this journey, at an extraordinary time in history, with the climate changing rapidly over our heads all around us. What are lessons that you've learned, from your time in the woods, and from your time learning? What are lessons that you can apply for us to know about climate change, and how to respond to it?

Lillace Mellin Guignard 11:34

All the things that I learned about risk assessment and planning and preparing for going out, especially solo, and into areas where I couldn't control everything, has really shaped my ability, I think, to cope with the news, with the expectations with the, you know, all this talk about mitigation and adaptation. And, you know, what do we really need to worry about?

Lillace Mellin Guignard 12:03

Well, I mean, one of the big things that doesn't get said often enough, is that climate change in areas there will be winners and losers, you know. Some areas will suddenly get a more mild, you know, climate around here, it'll be more mild in terms of temperatures. We're gonna have extreme weather, you know, but we might have a longer growing season for some things, right. But we might lose the maple syrup. We're gaining poison ivy, you know, there's, so there's, it's this risk assessment.

Lillace Mellin Guignard 12:31

There's, there's always stuff shifting, and it's different for different areas. So to be able to say, Well, I have learned to find joy in environments and experiences, where the whole point is, I can't control everything. I think that's huge. Because what we need to do is figure out where to keep finding joy, and connect that with the natural world, and with each other and the things. So no matter what happens, we're still on a daily basis, able to tap into that.

Lila Powell 15:49

That was writer Lilace Mellin Guignard, speaking with Citizens Climate Radio host, Peterson Toscano. Her memoir is *When Everything Beyond the Walls Is Wild: Being a Woman Outdoors in America*. Learn more about Lilace's work at her website TentOfOnesOwn.com. That's TentOfOnesOwn.com.

Lila Powell 16:07

In anticipation of this episode, we asked women to leave voicemails to share their experiences in nature.

Corrine Mazur 00:00

Hi, my name is Corinne Mazur. I live outside of Philadelphia and the countryside. I wanted to tell you about my experience in college in 1972. When I was 17, I went to Prescott College in Prescott, Arizona and I went on a freshman orientation trip that was a month long, though about 12 of us in the group were led by three actually college juniors and seniors. We went to the Colorado Rockies, we did some rock climbing and a month of hiking. And for three days, we were each given a solo site, and spent those days alone with no food, and no supplies other than a sleeping bag few matches a knife. And I think we were allowed to take a pen and some paper. And that was one of the best experiences of my life. I never thought that I could have done something like that. I will never forget the experience. It wasn't easy. It was scary. But it was totally survivable. I benefited from the whole month and especially from that solo experience.

Karin Redcrow 01:14

This is Karin Redcrow. Basically, as a geologist for 35 years, I transitioned when I was on the job. I spent a lot of time both pre and post transition in the forests and hills and mountains of California. It was different. Definitely after transition, it was decidedly different, especially on those times when I would run across somebody camping or living out in the forests, right in the hills, or coming across an illegal dope girl. Those got even more entertaining, especially once I transitioned to being current.

Peterson Toscano 01:43

Thank you for your stories. Lila you and your fellow Citizens Climate Radio team member, Ruth Abraham also recorded stories about your experiences in the wild.

Lila Powell 01:53

Yep, I'll play Ruth's first and then mine.

Ruth Abraham 01:56

Most of my experiences with nature have been in group or community settings. But I remember fondly my way of resetting after a long week of classes was to make the short trek out onto a trail nearby campus and onto the gazebo. This was my safe space. Here I was able to set up and collapse into a hammock and see the outlines of mountains for as far as the eye could see. These Friday afternoon sessions allowed me to collect my thoughts and restore stillness into my life. With the mid afternoon

Peterson Toscano 16:30

Coming up. Poet Hila Ratzabi totally changes the way I see nature. Stay tuned.

Lila Powell 16:40

Now, it's time for the Art House. Born in Israel, poet Hila Ratzabi longed to be in nature but grew up in a big American city.

Hila Ratzabi 16:49

I grew up in Queens where I didn't feel like we had a lot of nature per se, around we had the park. But I always imagined you know what it would be like if we lived on a farm or you know, kind of had these like pastoral ideas. And that was always deeply connected to the impulse to write and also to paint and to create.

Lila Powell 17:08

She felt disconnected from the changes in the climate that had already affected many parts of the world. That was until 2012 When Hurricane Sandy barreled into New York and New Jersey.

Hila Ratzabi 17:18

Already I was starting to read more about climate change. And you know, it was starting to be more in the news and more widely talked about, but the experience of living through the hurricane- the three days of where it was like happening. Oh, is the tree across the street gonna go flying through the window? You know, just like all the thoughts that went through my head, thinking about my parents in Queens and hoping they were okay. And in the end, they were fine. But it was like block by block, you know who was okay.

Peterson Toscano 17:45

In her book of poetry, *There are Still Woods*, Hila Ratzabi sits with her feelings, ideas, and wonderings about climate change and its impact on the natural world. As I read her poems and then chatted with her about them, I found my own relationship with nature shift.

Hila Ratzabi 18:02

What happens when you are very close to nature and you actually just kind of sit there? Or you walk, or whatever it is you're doing. And you allow yourself to just receive and be present to what is there. It's so alive. To get really close to that experience is spiritual.

Peterson Toscano 18:24

Like Hila, earlier in life as a New Yorker, I felt disconnected. Apart from nature. I longed to get closer to it to become part of nature, maybe even become one with nature. Speaking with Hila, though, I had a revelation. I am nature. It was such a wild thought because my everyday life doesn't seem natural at all. I mean, I'm not like a forest. But the more I thought about it, the more I realized that even nature itself is no longer pure and untouched. It's also out of balance. I asked Hila to help us go deep into one of her poems. She agreed to reveal her process and then read the poem.

Hila Ratzabi 19:12

The title of the poem is "Willapa Bay", and that's the place where I wrote the poem. It was an artist residency where I was for four weeks. It's this gorgeous Bay, right on the- I think it's the westernmost point of Washington State. It's really far out there. It's so quiet, really was just such a great place to just be and connect with nature. I would just, you know, take my notebook out and just go on different walks every day. Just sort of put myself somewhere.

Hila Ratzabi 19:43

Take the notebook and the pen, and I just kind of wait to see what will happen. And so I really just sat, and I was listening to the sounds of the seagrass, which is such an amazing sound. And I guess it was the image of the moon that was the first thing.

Hila Ratzabi 19:59

I tip my head to match the angle of the moon, as though my ear could pull a tide from myself. And it must have been as evening was sort of slowly coming on and just looking at the moon. And just seeing the moon on this angle. I think I literally probably tilted my head and just was like, Oh, me and the moon are at the same angle now. You know, and I just had this little moment.

Hila Ratzabi 20:22

The inner wave is calm, but broils below. With a gratitude, I'm careful not to drown in. Immediate feeling of the gratitude of being part of nature. But then also like, I'm careful not to drown in because suddenly it brings me to that also underlying place of fear and grief and the sense that we're losing these things.

Hila Ratzabi 20:45

When we get to the section, how can I walk away from this place? How can I walk away, when I'm choked with the voice of the mother? Parched from reciting the list of the dead? What do I do when I leave? How can I walk away? When I'm choked with the voice of the mother, I just feel this urgency that things are being lost.

Hila Ratzabi 21:08

And then we get to sort of the apocalyptic moment of the poem. Where else can we go with this? Well, why don't we just let the animals come and take over the house? Come, come beasts of Earth, in your armies of fur and horn, let your bodies rage us down. That brings me comfort. I mean, I hope humans will survive. You know, like, I'm rooting for us, but I'm also rooting for the rest of nature.

Hila Ratzabi 21:37

But then, of course, the poem ends with really wanting to hold on to this sense of- this is our place too and like we can be here. Let me stay, let me go, I'm the Earth's. And then just sort of reaching out. Cry, cry, crows on the shore. What have you heard? What have you seen? You start looking outward at nature. It goes inward, goes through this whole process. And then it's like, again, kind of going outward again at the end. And just sort of like okay, crows like tell me. Tell me your story, so that I'll know what to do next.

Hila Ratzabi 22:13

"Willapa Bay": The three-quarter moon is tipped in the sky, still sleeping. Seagrass bristles, fulfilling its duty to the wind. I tip my head to match the angle of the moon. As though my ear could pull a tide for myself. The inner wave is calm but broils below with the gratitude I'm careful not to drown in. What to do with it. Wind, weeds, water, earth. Now I know why they call you mother. How the tall grass waves in all our languages. Goodbye. Hello. Help us. Help.

Hila Ratzabi 22:55

How even when we go, how living is nothing but a flutter of wings. The wind's one note catches in the branches of the great Sitka spruce with an effortless acceptance that opens some bull in me to that sound. How can I walk away from this place that traces sky, mountain, water, wind in one seamless line? How can I walk away when I'm choked with the voice of the mother parched from reciting the list of the dead? How can I walk away when the perfect horizon is killing me with a crazed love? Let me stay. Let me stay.

Hila Ratzabi 23:42

Let the cougars stalk. Let the black bear roam. Come, come, beasts of Earth in your armies of fur and horn. Let your bodies rage us down. Make your nests in the abandoned house by the bay. Raid the fridge. Ruffle up the beds. Let the lands grab begin. We are not sorry. We are over. Let me stay. Let me go. I'm the Earth's. I'm wild from the futures howl. Cry, cry crows on the shore. What have you heard? What have you seen? Tell me what the bass said when you insisted. Tell me where you hid in the bones in the field.

Lila Powell 24:33

That was Hila Ratzabi reading the poem "Willapa Bay". It appears in her book of poetry *There are Still Woods*, published by June Road Press.

Peterson Toscano 24:41

Learn more about Hila Ratzabi at her website HilaRatzabi.com. Hila is spelled H-I-L-A and Ratzabi is R-A-T-Z-A-B-I. HilaRatzabi.com. Special thanks to Clara Fang for introducing us to Hila and her poetry.

Lila Powell 24:58

If you have an idea for the Art House, feel free to contact us at radio@CitizensClimate.org. That's radio@CitizensClimate.org

Lila Powell 25:08

Now it's time for the Resilience Corner.

Tamara Staton 25:11

Hi, I'm Tamara Staton, CCL's education and resilience coordinator and this is the Resilience Corner. I'm going to do everything that I can to see that you have what you need to stay strong and steady in the important climate work that you're doing. Last month in the corner, we reviewed five key steps to deepening resilience. We then took a deeper look at the four-step practice.

Tamara Staton 25:36

This leaves us with the last step to discuss today, repeating these five steps regularly. As mammals with malleable neural networks, repetition trains our brain, it helps us learn, grow and improve. Our neural networks are like a big field of tall grass. When you walk once to the other side, the grass rebounds relatively quickly. But if you walk that same path again and again, it becomes the easiest path to take the one that offers the least resistance, especially if you're allergic to grass.

Tamara Staton 26:12

It might be hard to notice your thoughts, feelings, or internal experiences when you first start to try. It might also be hard to remember to notice. But with intentional repetition, it gets easier. Notice, accept, seek help, and practice. Notice, accept, seek help, and practice. Sometimes, however, we follow a particular path that doesn't actually bring us to where we want to go. But we stay on this path because it feels easier than blazing a new one.

Tamara Staton 26:43

This is what learning and progress is all about, though, starting new pathways. So it's not just about repetition, about doing the same thing over and over. It's about checking in with ourselves as we notice, accept, seek help, and practice to see how we might fine-tune and improve things. And often through observation and consideration. We see new opportunities.

Tamara Staton 27:37

It can also be really helpful to lean on resources outside of our own perspectives. Our newly redesigned Resilience Resources page on CCL community would be a great place to start. New ideas and mix things up for our brain and help us create new pathways that we couldn't visualize before. And this is key because we need you and your deep commitment to a livable planet Earth.

Tamara Staton 28:02

I'm Tamara Staton with the Resilience Corner. I thank you for being here and for your commitment to progress. To learn more about tools, trainings, and resources for deepening resilience, check out our resilience hub at CCLusa.org/resilience. From there, you can also access and share resilience corner videos with friends and family who might be interested. And until next month, remember this. You are strong, you are resilient, and you've got what it takes to make good things happen.

Peterson Toscano 28:46

Thank you, Tamara. This series of yours, these five steps, have been so rich, and I hope you will continue to come on the show to share more with us.

Lila Powell 28:55

The Resilience Corner is made possible through a collaboration with Tamara Staton, the education and resilience coordinator for Citizens Climate Education. The Resiliency Hub website is [CCL usa.org/resilience](https://CCLusa.org/resilience). That's CCLusa.org/resilience.

Peterson Toscano 29:11

So Lila, as part of the Citizens Climate Radio team, I'm off to Washington DC for the Conservative Climate Leadership Conference. It's March 28 and 29th, 2023 in Washington, DC, and the registration is still open. At the conference, I will get to interview right-leaning CCLers, eco-right leaders, and I'll get to hear from members of Congress.

Peterson Toscano 29:36

All these folks are coming together to discuss solutions that address climate, the economy, and US competitiveness. And they will meet with House Representatives and Senators during a special lobby day. Registration is still open and if you, listener, are right of center and concerned about climate change, consider being part of this historic event. For more information and registration details visit CCLusa.org/ConservativeConference or you can just Google Conservative Climate Conference. You'll find it.

Ruth Abraham 30:11

If you want to be part of one of the largest bi-partisan climate gatherings in America, come to Washington DC. The Citizens Climate International Conference and Lobby Day will be held June 10-13, 2023. We're back on Capitol Hill. It's a new Congress, and we'll welcome them with the biggest single day of climate lobbying since 2019. The Citizens Climate conference includes everything you'll need to power up your climate advocacy. This year, you'll get to put everything you learn to use when you meet with members of Congress on Capitol Hill and talk to them about climate change. Registration is open now until May 21. To learn more and register visit cclusa.org/juneconference. That's cclusa.org/juneconference See ya there!

Lila Powell 30:12

Thank you for joining Lila and me for this episode of Citizens Climate Radio. Here at Citizens Climate Education we want you to be effective in the climate work you do. So we provide training, local group meetings, and many resources. In fact, Lila is part of a special Intern Training Program. You've been here what like five weeks, and you're already co-hosting?

Lila Powell 32:50

Oh yeah, it's fun and just a little terrifying.

Lila Powell 32:55

The Citizens Climate Education Training programs are designed to help you build the confidence and skills needed to pursue climate solutions. Find out how you can learn, grow and connect with others who are engaged in meaningful work. Visit CCLusa.org, that's CCLusa.org.

Peterson Toscano 33:16

Special thanks to the members of our Advisory Board: Tamara Staton, Meggie Stenback, Katie Zakrzewski, Sharon Bagatell, Caillie Roach, Solemi Hernandez, Hannah Rogers, Sean Dague, and Brett Cease.

Lila Powell 33:30

Citizens Climate Radio is written and produced by Peterson Toscano, Ruth Abraham, and me, Lila Powell.

Peterson Toscano 33:36

Woohoo! Other technical support from Ricky Bradley and Brett Cease. Social media assistance from Ashley Hunt-Mortorano, Flannery Winchester, Katie Zakrzewski, Syeda Naqvi, and Steve Valk. Moral support from Madeline Para.

Lila Powell 33:51

The music on today's show comes from EpidemicSound.com. Please share Citizens' Climate Radio with your friends and colleagues. You can find Citizens Climate Radio wherever you listen to podcasts. You can also listen at NorthernSpiritRadio.org

Peterson Toscano 34:07

And you can follow us on Twitter: @CitizensCRadio That's Citizens the letter C Radio. @CitizensCRadio. You know what, we should probably get an Instagram account. What do you think?

Lila Powell 34:20

Agreed!

Peterson Toscano 34:22

To see our show notes, links to our guests and a full transcript visit CCLusa.org. Under the blog, look for Climate Change radio. That website again is CCLusa.org.

Lila Powell 34:37

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